



Reclaim Your Time 101

The step-by-step plan to reduce teacher stress & establish balance

Stop trying to do everything and instead prioritize the BEST things. This is not your typical training. Teachers actively trim their to-do lists, and prioritize what matters most so they can spend their time with increased effectiveness.

Course most benefits educators with: All levels of classroom experience

Time required to complete the course: 5 hours (base course) + Bonus content

Approved for PD Credit with the following Organizations: ACSI (6 CEUs), AACCS, ACTS

Purchase Includes: Every teacher gets 3 months FREE mentor support inside [Teach 4 the Heart PLUS](#)

Topics included:

Step # 1:

> **Schedule your time effectively** so you can quickly improve work/life balance

Step # 2:

> **Prioritize what matters most** both at school & at home so you know your most important tasks

Step # 3:

> **Reduce time spent on tasks** that are less important to increase effectiveness

Step # 4:

> **Streamline your to-do's** so you can reduce stress and save even more time

Step # 5:

> **Learn to delegate tasks** effectively so you can get more done overall

Cost:

Individual enrollment: \$119*

School enrollment: \$597**

* Individual enrollment is for one teacher.

** School enrollments apply to all current and future teachers. Access is never lost as long as teachers remain employed by your school.

What teachers are saying:

"I really appreciated this Biblical perspective on work and rest. It was such a good reminder! I wish I could share this with all my teaching friends! Thank you!"

– Rebecca M.

"I'm ready to take action so I can be proud and confident with what I accomplish."

– Kathleen V.

"I made one schedule for myself, tried it for a few weeks, and I was not really following it. Now I've made a new schedule that I think is more realistic."

– Amy T.

"I appreciated being given permission to trash, trim, and transfer. I know that I didn't NEED permission, but I really did."

– Jenise S.

Get Started:

[Click here](#) to purchase with a credit card.

- OR -

Email a purchase order to:

hello@teach4theheart.com